TEST TYPES

- There are two types of test:
- Antigen To determine if the donor "has" the virus.
- Antibody To determine if the donor has a specific immune response to "fight" the virus.
- Each type of test can be done in different ways and can also be performed using different sample types. Blood, throat and mouth swabs and saliva are common sample types.

Antigen

- PCR
- It is often reported that PCR is the gold standard in detecting the presence of the virus.
- More correctly this test is "Reverse Transcript Polymerase Chain Reaction "or RT-PCR.
- PCR is very specific. A PCR positive is considered to be a true positive, but it cannot determine if the infection is just starting or ending.
- Also, importantly, it cannot determine if the donor is infectious.
- Please remember, infected and infectious mean two different things.
- PCR is a lab-based test and uses a machine with a trained operator.
- Other lab-based tests include techniques such as ELISA and LAMP.
- LFT
- Lateral Flow Tests, sometimes called POCT, or Point of Collection Tests are not as sensitive as PCR tests.

THEY HAVE ADVANTAGES AND DISADVANTAGES.

- LFT's are lower cost, have faster result times, BUT because they are less sensitive there is a greater chance of a wrong result.
- What are the wrong results and their consequences?
- With antigen tests, there are two types of incorrect result.

FALSE NEGATIVE RESULTS AND THEIR IMPACT

- False Negative
- A person who really had the virus in their body, takes an LFT and is reported "Negative".
- The consequences of this false negative result depend entirely on the behaviour of the individual.
- In our opinion any negative (True or False) LFT result should not result in a change of behaviour. The donor must consider him/herself still to be a risk and continue social distancing and all other Covid aware protocols. (Hands, Face, Space etc.)
- Lateral Flow Tests best uses are to find asymptomatic positive people.
- More correctly asymptomatic, and pre-symptomatic. People with NO symptoms or people who have still to develop symptoms.

THE IMPACT OF A FALSE POSITIVE

False Positive

- A donor receiving a positive result should self-isolate and make arrangements for a PCR test to be done as confirmation of the presence of the virus.
- If a subsequent PCR test returns a negative result, then the consequences were several days of self isolation that were not required